

WHAT IF OUR BODY IS NO LESS THAN A TEMPLE AND OUR GUT THE SACRED ALTAR ON WHICH WE PLACE OFFERINGS TO OUR HIGHEST SELF?

WE WANT TO OFFER YOU SOME REALLY GOOD OFFERINGS!
ALTHOUGH FAR FROM PERFECT, WE DO OUR BEST TO NOURISH YOU WITH
THE MOST WHOLESOME, AND LOCALLY SOURCED INGREDIENTS
(WITHOUT BEING THE PARTY POLICE OF YOUR DELICIOUS FEAST)

IF YOU'RE ALLERGIC OF INTOLERANT TO ANY SPECIFIC INGREDIENTS LET US
KNOW AND WE DO OUR BEST TO SATISFY YOU.

IT TAKES A VILLAGE...

WE ARE GRATEFUL TO COLLABORATE WITH SOME SERIOUS
LOCAL FOOD HEROES IN OUR COMMUNITY:

- OUR FRIENDS AT **ISLAND ORGANICS** have been dedicated to wholesome farming practices for over 20 years
@islandorganicsbali
- THE WIZARDS AT **CRAFTED WITH TIME** take fermentation to the next level. We are proud to use their non-gMo miso as the umami backbone of some of our dishes
@craftedwithtime
- **THE CUBE SEAWEED PROJECT** on Lembongan island supports the livelihood of local seaweed farmers. You can directly support them by enjoying our special 'good karma smoothie'.
@thecubeseaweed
- Zest food creator Simon founded an **EARTH INSPIRED COOKING SCHOOL**, embracing food as therapy with barefoot food forest walks and heart centered cooking experiences.
@new.earth.school || newearthcooking.com



ZEST SWEET TREATS

We sweeten our
desserts with Nature's
glory.

Thank you to the fruit
and sap of the mighty
date palm, gifting us
their sticky sweet
goodness.

Power to the trees!



REFINED SUGAR FREE HEAVEN ON A PLATE

Our show case is loaded with sweet treats too!

CUCUMBER GRANITA || 88k

With caramelized pineapple and pandan gelato

PRETTY PERSIAN PLEASURES || 95k

Warm almond cake with fresh berries and rosewater jelly

STRAWBERRY FOURSOME || 88k

Strawberry sorbet, granita and frozen yoghurt

COFFEE PANNA COTTA || 88k

With chocolate soil and caramel sauce

CHEEKY CACAO FONDANT || 108k

Warm lava cake with chocolate chip gelato and blueberry coulis

THE QUEEN OF THE FOREST || 118k

Chocolate coated coconut mousse with almond butter and hazelnut

THE KING OF THE FOREST || 128k

Chocolate coated fresh 'Bangkok' durian patê, mocha cream, palm nectar, pili nut, cinnamon, nutmeg.

BÛB ICECREAM BEYOND BREASTMILK

30K

'WE DON'T NEED TO MILK THE COW TO LICK THE CREAM'

A coconut based ode to Mother Earth and all of her maternal mammals, our very own Mothers included.

Lokah Samastah Suka Bumi Pacha Mama

May our thoughts, words, deeds and actions continue to honor your heroic capacity to love us beyond reason and to nourish our wary souls with life giving cream.

ORIGINAL COCONUT & PANDAN

STRAWBERRY ROSEMARY

CHAI & JAVA ALMONDS

SALTED CARAMEL POP CORN,

CRUNCHY CHOCOLATE,

FERRERO ROCHER

GINGER STRACCIATELLA

WE ARE
ALL DIVINE
AND THAT
INCLUDES OUR
STAFF, SO PLEASE,
MAKE SURE TO
TREAT THEM
KINDLY, AND TIP
THEM HARD.

WITH LOVE,
YOUR SOULMATES FROM TEAM ZEST

   zestubud

www.zestubud.com

