

EARTH
KISSED
FOOD ♡
MADE WITH
JOY

   zestubud
www.zestubud.com



Prices exclude 10% govern + 7% service charge

OUR MENU IS A PLANT FORWARD.

ANIMAL FRIENDLY CELEBRATION OF THE
BOUNTEOUS **ROOTS, FRUITS AND SHOOTS** OF
OUR BALINESE EDIBLE ECO SYSTEM
(AKA THE FOOD FOREST)

ALL ITEMS ARE VEGAN AND MOST ARE
AVAILABLE IN GLUTEN FREE VERSIONS.

SOME SAY OUR FOOD IS MOSTLY HEALTHY,
WITH A NAUGHTY, DECADENT EDGE. WHEN
WE LOOK IN THE MIRROR, THAT RINGS A
BELL.

DEAR FRIEND. WELCOME HOME.

CHEW SLOWLY, BREATHE DEEPLY AND **MAY**
YOU ALLOW YOURSELF TO RECEIVE THE
MAGIC OF LIFE'S MYSTERY.

LOVE, ALWAYS,
YOUR ZEST FAMILY

DESSERT HAVEN

Chef Simon Inoa
Kingma says

“All of our pancakes,
waffles, cakes and sweet
treats are gluten free and
naturally sweetened’. Who
says you can’t have dessert
for breakfast?”



REFINED SUGAR FREE HEAVEN ON A PLATE

Our show case is loaded with sweet treats too!

CUCUMBER GRANITA || 88k

With frozen pineapple, pineapple sugi jelly, pineapple mint ice cream

PRETTY PERSIAN PLEASURES || 95k

Warm almond cake with fresh berries and rosewater jelly

STRAWBERRY FOURSOME || 88k

Strawberry sorbet, granita and frozen yoghurt

COFFEE PANNA COTTA || 88k

With chocolate soil and caramel sauce

THE QUEEN OF THE FOREST || 118k

Chocolate coated coconut mousse with almond butter and hazelnut

CHOCOLATE PICNIC (SERVES 4-6) || 380k

A selection of our bestselling natural cacao creations
to share with your wild theombrime tribe

BÜB

BEYOND BREAST_MYLK
ICECREAM



ORIGINAL COCONUT & PANDAN

STRAWBERRY ROSEMARY

CHAI & JAVA ALMONDS

SALTED CARAMEL POP CORN,

CRUNCHY CHOCOLATE,

FERRERO ROCHER

GINGER STRACCIATELLA

30K

per scoop

Fresh Mylk from Mama Gaya



THE QUEEN
OF THE FOREST



APPLE CHEESE
CAKE BLISS



VEGAN BANOFFEE
PIE



CUCUMBER GRANITA



CHOCOLATE PICNIC (SERVES 4-6)



DESSERT HAVEN



POWERED BY PLANTS SINCE 2017.

PPSSSTT.. THIS MAY SOUND LIKE DRAMA BUT OUR CHEF IS A BIT OF A SHAMAN WHO MARRIED THE EARTH MAMA AND AT THEIR WEDDING (IN FRONT OF HER PAPA) HE MADE 3 VOWS FROM THE BOTTOM OF HIS HEART CHAKRA

DEAR MOTHER EARTH AND FATHER SUN, CREATOR OF ALL LIFE.

I SHALL MASSAGE AND OIL YOUR TENDER HEART AND SOIL WITH GOOD THOUGHTS, COMPOST, WORMS AND SWEET TREATS WRAPPED IN BANANA LEAF FOIL

JUST LIKE THE BIRDS I SHALL MOSTLY BE HEARD, NOT SEEN, TREAT EVERY CREATURELY KINDLY, NOT MEAN AND INDEED I TRUST, THAT WITH THIS DEVOTION TO LOVE, ABUNDANT FRUIT WILL FALL FROM THE GREAT TREES ABOVE

I SHALL ONLY TAKE WHAT I NEED TO FEED MY BELOVED COMMUNE-ITY AND HAND IN HAND WE SHALL GENTLY LAND, OUR FEET ON THE EARTH AND AS WE PUT THE FOREST FIRST OUR PRAYERS SHALL BE HEARD

NEXT, BEFORE WRITING DOWN THE FIRST PAGE OF THE FIRST EVER ZEST MENU... THE 7 ZEST COMMANDMENTS WERE CARVED OUT ON A STONE.

- 1 THOU SHALL COOK WITH A KIND MIND AND AN OPEN HEART, FOR YOUR GUESTS WILL TASTE THE FULL SPECTRUM OF YOUR SOUL INTENTION
- 2 WHAT IS TAKEN FROM THE SOIL MUST RETURN TO THE SOIL. HONOUR THE FULL CYCLE OF LIFE AND FOCUS ON WHAT THY SHALL GIVE AND TRUST THY SHALL RECEIVE.
- 3 KEEP THE KITCHEN PURE. GMO'S, WEIRD CHEMICALS, TOXIC SEED OILS, REFINED SUGAR AND PREFABRICATED PIZZA DOUGH SHALL NOT ENTER THE THE CHAMBERS OF YOUR CULINARY KINGDOM
- 4 BE NICE NOT ONLY TO THE KING WHO ROLLS THE DICE BUT TO THE ONES WHO GROW YOUR RICE FOR IN MY EYES TRUE POWER BELONGS TO THE ONES WHO TEND TO THE GARDENS OF THIS EARTHLY PARADISE
- 5 EVERY MORNING AT THE DAWN OF THE DAY THY SHALL COME TOGETHER IN CIRCLE AS ONE, HOLD HANDS, AND PRAY SO THAT THY WORRIES MAY FADE, PEACE ENTERS THE DAY AND LOVE FINDS THE WAY
- 6 SURRENDER YOUR FAILURES AND SUCCESSES FOR THOSE TRULY BLESSED DEDICATE THEIR EXISTENCE TO SOMETHING BIGGER THAN THEMSELVES.
- 7 AT THE END OF THE DAY AFTER A FULL DAY OF PLAY WITH MANY BUMPS ALONG THE WAY WE LIGHT THE FIRE AND PRAY THAT IT MAY BURN WHAT'S NOT TO STAY SO WE CAN LEARN AND GROW STRONG FOR THE GENERATIONS YET TO COME.

WE ARE FAMILY. WE ARE ONE.

VISIT OUR EARTH INSPIRED COOKING SCHOOL

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